

	Breakfast	Lunch	Dinner
Monday	French bread, milk	hamburger, coco cola	chicken fried rice, cake
Tuesday	chicken egg, coffee	beef noodles, fruit juice	lamb dumpling, water
Wednesday	beef noodles	sandwich, water	pizza, fizzy water
Thursday	egg fried rice, water	lamb bun, chocolate	fruit, chocolate ice cream
Friday	cake, English tea	pizza, fizzy water	beef noodles, Chinese tea
Saturday	chicken noodles	beef fried noodles	pork bun, fruit juice
Sunday	sandwich, coffee	fruit, coffee	vegetable soup, dessert

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